# MR. HERO NUTRITIONAL INFORMATION

| MENU ITEM | SERVING (OZ) | SERVING (G) | **CALORIES** | CALORIES FROM FAT | TOTAL FAT (G) | SATURATED FAT (G) | TRANS FAT (G) | CHOLESTEROL (MG) | SODIUM (MG) | CARBOHYDRATES (G) | SUGARS (G) | FIBER (G) | PROTEIN (G) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **BURGERS** | | | | | | | | | | | | | |
| Romanburger® - Regular | 11.4 | 318.7 | **805.9** | 507.7 | 56.3 | 18.7 | 0.9 | 82.4 | 1499.8 | 45.5 | 5.3 | 4.3 | 30.8 |
| Romanburger® - Medium | 16.6 | 466.0 | **1236.3** | 784.9 | 87.0 | 28.4 | 1.4 | 123.6 | 2259.1 | 69.1 | 6.8 | 5.3 | 45.6 |
| Romanburger® - Large | 22.7 | 637.4 | **1611.9** | 1015.4 | 112.6 | 37.3 | 1.8 | 164.8 | 2999.6 | 91.0 | 10.6 | 8.5 | 61.6 |
| Romanburger®BTE - Regular | 13.8 | 388.4 | **1007.6** | 656.7 | 72.7 | 26.2 | 1.4 | 116.1 | 2012.0 | 47.8 | 6.1 | 4.9 | 42.2 |
| Romanburger®BTE - Medium | 20.4 | 571.3 | **1536.1** | 1006.0 | 111.3 | 39.6 | 2.0 | 172.5 | 3034.4 | 72.6 | 8.3 | 6.2 | 62.7 |
| Romanburger®BTE - Large | 27.7 | 776.8 | **2015.2** | 1313.4 | 145.3 | 52.5 | 2.7 | 232.2 | 4024.1 | 95.6 | 12.3 | 9.8 | 84.5 |
| Cheeseburger - Regular | 10.4 | 291.8 | **720.8** | 445.2 | 49.1 | 16.2 | 0.9 | 65.1 | 1071.9 | 44.1 | 4.5 | 4.3 | 27.2 |
| Cheeseburger - Medium | 15.2 | 425.8 | **1108.7** | 691.1 | 76.2 | 24.7 | 1.4 | 97.7 | 1617.2 | 66.9 | 5.7 | 5.3 | 40.2 |
| Cheeseburger - Large | 20.8 | 583.7 | **1441.7** | 890.4 | 98.3 | 32.4 | 1.8 | 130.2 | 2143.8 | 88.1 | 9.0 | 8.5 | 54.4 |
| **HOT BUTTERED™ CHEESESTEAKS** | | | | | | | | | | | | | |
| Hot Buttered Cheesesteak™ Regular | 9.5 | 265.6 | **653.1** | 363.6 | 39.6 | 19.6 | 1.6 | 122.0 | 1037.3 | 41.7 | 3.2 | 3.3 | 28.2 |
| Hot Buttered Cheesesteak™ Medium | 15.9 | 444.7 | **1167.5** | 692.1 | 75.7 | 37.2 | 3.2 | 234.0 | 1643.5 | 63.6 | 3.8 | 4.1 | 49.3 |
| Hot Buttered Cheesesteak™ Large | 18.9 | 531.2 | **1306.3** | 727.1 | 79.2 | 39.2 | 3.2 | 244.0 | 2074.5 | 83.3 | 6.4 | 6.7 | 56.3 |
| Hot Buttered Cheesesteak™ BTE Regular | 11.4 | 319.6 | **803.1** | 470.1 | 51.1 | 24.6 | 2.1 | 162.0 | 1279.8 | 41.7 | 3.2 | 3.3 | 38.2 |
| Hot Buttered Cheesesteak™ BTE Medium | 19.5 | 547.0 | **1447.5** | 890.1 | 97.2 | 46.2 | 4.2 | 309.0 | 2038.5 | 63.6 | 3.8 | 4.1 | 68.1 |
| Hot Buttered Cheesesteak™ BTE Large | 22.8 | 639.2 | **1606.3** | 940.1 | 102.2 | 49.2 | 4.2 | 324.0 | 2559.5 | 83.3 | 6.4 | 6.7 | 76.3 |
| **STEAKERY** | | | | | | | | | | | | | |
| Sicilian Parm - Regular | 9.6 | 263.6 | **710.1** | 407.4 | 46.2 | 14.5 | 1.0 | 112.6 | 1367.4 | 39.8 | 2.0 | 3.1 | 32.7 |
| Sicilian Parm - Medium | 14.3 | 393.0 | **1076.2** | 615.5 | 69.7 | 21.9 | 1.5 | 170.0 | 2096.5 | 60.9 | 2.0 | 3.7 | 48.9 |
| Sicilian Parm - Large | 19.2 | 527.3 | **1420.2** | 814.8 | 92.3 | 29.0 | 2.0 | 225.2 | 2734.7 | 79.6 | 4.0 | 6.1 | 65.5 |
| Zesty Bacon & Swiss - Regular | 8.9 | 250.0 | **668.3** | 373.0 | 41.0 | 14.0 | 1.0 | 105.0 | 1346.3 | 39.1 | 2.0 | 2.8 | 31.8 |
| Zesty Bacon & Swiss - Medium | 13.2 | 371.0 | **1008.2** | 559.5 | 61.5 | 21.0 | 1.5 | 157.5 | 2044.5 | 59.8 | 2.0 | 3.3 | 47.3 |
| Zesty Bacon & Swiss - Large | 17.7 | 500.0 | **1336.5** | 746.0 | 82.0 | 28.0 | 2.0 | 210.0 | 2692.5 | 78.2 | 4.0 | 5.7 | 63.7 |
| **CHICKEN** | | | | | | | | | | | | | |
| Chicken Philly - Regular | 9.6 | 270.0 | **510.5** | 190.2 | 21.5 | 6.5 | 0.0 | 90.0 | 1552.5 | 45.0 | 3.4 | 3.5 | 34.2 |
| Chicken Philly - Medium | 14.3 | 401.1 | **771.6** | 285.4 | 32.2 | 9.7 | 0.0 | 135.0 | 2353.8 | 68.6 | 4.1 | 4.3 | 50.9 |
| Chicken Philly - Large | 19.2 | 540.0 | **1021.0** | 380.5 | 43.0 | 13.0 | 0.0 | 180.0 | 3104.9 | 89.9 | 6.7 | 6.9 | 68.4 |
| Chicken, Bacon & Ranch - Regular | 8.1 | 228.0 | **590.0** | 260.0 | 28.5 | 8.5 | 0.0 | 95.0 | 1830.0 | 43.0 | 3.0 | 2.0 | 37.0 |
| Chicken, Bacon & Ranch - Medium | 11.9 | 334.5 | **890.0** | 390.0 | 42.7 | 12.7 | 0.0 | 142.5 | 2755.0 | 65.5 | 3.5 | 2.0 | 55.0 |
| Chicken, Bacon & Ranch - Large | 16.2 | 456.0 | **1180.0** | 520.0 | 57.0 | 17.0 | 0.0 | 190.0 | 3660.0 | 86.0 | 6.0 | 4.0 | 74.0 |

| | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Chicken Nuggets - 5 pc | 4.3 | 119.0 | **438.2** | 325.7 | 37.8 | 6.5 | 0.0 | 43.8 | 562.5 | 11.3 | 0.0 | 0.0 | 16.3 |
| Chicken Nuggets - 10 pc | 8.6 | 238.1 | **876.4** | 651.4 | 75.6 | 12.9 | 0.0 | 87.5 | 1125.0 | 22.5 | 0.0 | 0.0 | 32.5 |
| Sauced Chicken Nuggets - 5 pc | 4.3 | 119.0 | **438.2** | 325.7 | 37.8 | 6.5 | 0.0 | 43.8 | 562.5 | 11.3 | 0.0 | 0.0 | 16.3 |
| Sauced Chicken Nuggets - 10 pc | 8.6 | 238.1 | **876.4** | 651.4 | 75.6 | 12.9 | 0.0 | 87.5 | 1125.0 | 22.5 | 0.0 | 0.0 | 32.5 |
| *** Sauces not included in nutritional values for chicken nuggets and chicken tenders** | | | | | | | | | | | | | |
| **DELI SUBS*** | | | | | | | | | | | | | |
| Original Italian - Regular | 9.6 | 270.0 | **520.0** | 240.0 | 27.0 | 6.0 | 0.0 | 45.0 | 1560.0 | 50.0 | 7.0 | 3.0 | 19.0 |
| Original Italian - Medium | 14.5 | 405.0 | **830.0** | 390.0 | 44.0 | 10.0 | 0.0 | 70.0 | 2370.0 | 77.0 | 10.0 | 4.0 | 29.0 |
| Original Italian - Large | 19.3 | 540.0 | **1040.0** | 480.0 | 54.0 | 12.0 | 0.0 | 90.0 | 3120.0 | 100.0 | 14.0 | 6.0 | 38.0 |
| Italiano - Regular | 9.5 | 265.0 | **550.0** | 230.0 | 26.0 | 6.0 | 0.0 | 55.0 | 1730.0 | 54.0 | 6.0 | 3.0 | 24.0 |
| Italiano - Medium | 15.7 | 440.0 | **920.0** | 400.0 | 46.0 | 10.0 | 0.0 | 90.0 | 2770.0 | 87.0 | 9.0 | 4.0 | 37.0 |
| Italiano - Large | 18.9 | 530.0 | **1100.0** | 460.0 | 52.0 | 12.0 | 0.0 | 110.0 | 3460.0 | 108.0 | 12.0 | 6.0 | 48.0 |
| Tuna 'n cheese - Regular | 9.8 | 274.0 | **670.0** | 470.0 | 53.0 | 8.0 | 0.0 | 55.0 | 870.0 | 45.0 | 4.0 | 3.0 | 16.0 |
| Tuna 'n cheese - Medium | 14.6 | 409.0 | **1030.0** | 720.0 | 82.0 | 13.0 | 0.0 | 80.0 | 1310.0 | 68.0 | 5.0 | 4.0 | 23.0 |
| Tuna 'n cheese - Large | 19.6 | 548.0 | **1340.0** | 940.0 | 106.0 | 16.0 | 0.0 | 110.0 | 1740.0 | 90.0 | 8.0 | 6.0 | 32.0 |
| Smoked Turkey - Regular | 10.1 | 283.0 | **330.0** | 20.0 | 2.5 | 0.0 | 0.0 | 35.0 | 1320.0 | 49.0 | 5.0 | 3.0 | 30.0 |
| Smoked Turkey - Medium | 14.9 | 418.0 | **490.0** | 30.0 | 3.5 | 0.0 | 0.0 | 50.0 | 1990.0 | 75.0 | 6.0 | 4.0 | 44.0 |
| Smoked Turkey - Large | 20.2 | 566.0 | **660.0** | 40.0 | 5.0 | 0.0 | 0.0 | 70.0 | 2640.0 | 98.0 | 10.0 | 6.0 | 60.0 |
| Veggie Sub - Regular | 13.3 | 373.0 | **513.2** | 270.3 | 29.6 | 7.5 | 0.0 | 35.0 | 2009.2 | 46.8 | 6.0 | 5.5 | 14.7 |
| Veggie Sub - Medium | 20.3 | 568.9 | **804.5** | 431.5 | 47.3 | 11.7 | 0.0 | 52.5 | 3024.8 | 72.1 | 8.4 | 7.4 | 21.8 |
| Veggie Sub - Large | 26.6 | 746.1 | **1026.4** | 540.5 | 59.3 | 15.0 | 0.0 | 70.0 | 4018.4 | 93.7 | 12.0 | 11.0 | 29.4 |
| ***Spreads and cheese not included in nutritional values** | | | | | | | | | | | | | |
| **THE BUDS** | | | | | | | | | | | | | |
| Bacon Cheeseburger | 4.6 | 129.2 | **329.7** | 198.5 | 22.0 | 8.3 | 0.5 | 35.1 | 604.6 | 22.2 | 2.9 | 1.9 | 10.9 |
| Double Cheeseburger | 6.5 | 182.0 | **471.3** | 303.7 | 33.5 | 14.2 | 0.9 | 57.6 | 842.9 | 23.7 | 3.3 | 2.5 | 19.5 |
| Chicken Bud | 6.3 | 177.2 | **421.3** | 230.1 | 26.0 | 5.0 | 0.0 | 47.5 | 865.9 | 33.3 | 2.1 | 1.1 | 14.1 |
| **KID'S MENU** | | | | | | | | | | | | | |
| Kid's Cheeseburger | 3.4 | 94.3 | **259.1** | 127.7 | 13.8 | 6.3 | 0.5 | 25.1 | 468.3 | 19.5 | 2.5 | 1.6 | 12.7 |
| Kid's Nuggets | 3.6 | 100.0 | **275.0** | 162.5 | 18.8 | 3.8 | 0.0 | 43.8 | 562.5 | 11.3 | 0.0 | 0.0 | 16.3 |
| Kid's Cheeseburger Meal | 6.8 | 189.8 | **507.5** | 286.1 | 31.7 | 9.5 | 0.5 | 25.1 | 838.3 | 42.5 | 2.8 | 3.6 | 14.7 |
| Kid's Nugget Meal | 6.3 | 175.5 | **468.4** | 288.4 | 33.0 | 6.1 | 0.0 | 35.0 | 820.0 | 32.0 | 0.3 | 2.0 | 15.0 |

***Beverage not included in meal nutritional values**

| | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **SIDE ORDERS** | | | | | | | | | | | | | |
| Potato Waffers® - rg. | 3.8 | 105.0 | **360.0** | 240.0 | 27.0 | 4.5 | 0.0 | 0.0 | 350.0 | 29.0 | 0.0 | 3.0 | 3.0 |
| Potato Waffers® - lg. | 5.8 | 161.0 | **570.0** | 380.0 | 43.0 | 7.0 | 0.0 | 0.0 | 540.0 | 45.0 | 1.0 | 4.0 | 4.0 |
| Tater Tots - rg. | 5.3 | 148.1 | **429.6** | 294.6 | 34.1 | 6.2 | 0.0 | 0.0 | 495.0 | 28.5 | 0.0 | 3.0 | 3.0 |
| Tater Tots - lg. | 8.8 | 247.0 | **716.8** | 491.8 | 57.0 | 10.3 | 0.0 | 0.0 | 825.0 | 47.5 | 0.0 | 5.0 | 5.0 |
| Mozzarella Sticks - rg. | 8.2 | 225.0 | **503.2** | 298.2 | 32.5 | 10.2 | 0.0 | 25.0 | 1280.0 | 37.0 | 4.0 | 6.0 | 21.0 |

| | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Mozzarella Sticks - lg. | 16.1 | 450.1 | **1006.4** | 596.4 | 65.1 | 20.4 | 0.0 | 50.0 | 2560.0 | 74.0 | 10.0 | 12.0 | 42.0 |
| Marinara cup | 2.5 | 71.0 | **40.0** | 10.0 | 1.0 | 0.0 | 0.0 | 0.0 | 230.0 | 7.0 | 4.0 | 1.0 | 1.0 |
| Breaded Mushrooms - rg. | 6.8 | 100.6 | **484.8** | 304.8 | 33.6 | 5.1 | 0.0 | 0.0 | 720.0 | 40.0 | 2.0 | 2.0 | 8.0 |
| Breaded Mushrooms - lg. | 7.2 | 201.1 | **969.6** | 609.6 | 67.1 | 10.2 | 0.0 | 0.0 | 1440.0 | 80.0 | 4.0 | 4.0 | 16.0 |
| Jalapeno Poppers - rg. | 3.8 | 107.2 | **375.7** | 227.0 | 26.1 | 7.0 | 0.0 | 10.6 | 963.3 | 30.5 | 0.0 | 2.1 | 7.1 |
| Jalapeno Poppers - lg. | 7.7 | 214.5 | **751.4** | 453.9 | 52.2 | 13.9 | 0.0 | 21.3 | 1926.7 | 60.9 | 14.0 | 4.3 | 14.2 |
| Loaded Tater Tots - rg. | 7.5 | 211.1 | **591.6** | 411.8 | 47.1 | 9.8 | 0.0 | 12.5 | 1149.5 | 34.2 | 0.3 | 3.0 | 8.5 |
| Loaded Tater Tots - lg. | 12.6 | 352.0 | **1006.0** | 717.6 | 82.7 | 16.0 | 0.0 | 20.0 | 1849.3 | 57.3 | 1.0 | 5.0 | 11.2 |
| Onion Petals - rg. | 5.7 | 159.0 | **496.5** | 313.2 | 35.7 | 5.2 | 0.0 | 0.0 | 916.7 | 41.7 | 5.0 | 1.7 | 3.3 |
| Onion Petals - lg. | 11.4 | 318.1 | **993.1** | 626.4 | 71.4 | 10.4 | 0.0 | 0.0 | 1833.3 | 83.3 | 10.0 | 3.3 | 6.7 |
| Texas Onion Petal Sauce | 1.5 | 42.0 | **225.0** | 216.0 | 24.0 | 3.8 | 0.0 | 22.5 | 225.0 | 1.5 | 1.5 | 0.0 | 0.0 |
| Texas Onion Petal Sauce | 3.0 | 84.0 | **450.0** | 432.0 | 48.0 | 7.5 | 0.0 | 45.0 | 450.0 | 3.0 | 3.0 | 0.0 | 0.0 |
| Pepperoni & Cheese Bites™ - rg. | 8.2 | 229.5 | **698.2** | 503.2 | 57.5 | 14.7 | 0.0 | 52.5 | 1415.0 | 31.0 | 5.5 | 2.5 | 17.5 |
| Pepperoni & Cheese Bites™ - lg. | 13.5 | 379.8 | **1067.3** | 759.8 | 86.8 | 22.1 | 0.0 | 78.8 | 2237.5 | 50.0 | 10.3 | 4.3 | 26.8 |
| Loaded Potato Waffers® - reg. | 8.3 | 232.1 | **634.1** | 436.8 | 49.4 | 9.8 | 0.0 | 15.0 | 1336.2 | 44.5 | 1.0 | 3.3 | 8.8 |
| Loaded Potato Waffers® - lg. | 13.3 | 373.0 | **1066.1** | 746.4 | 84.2 | 16.8 | 0.0 | 30.0 | 2192.6 | 70.2 | 1.8 | 5.3 | 15.3 |
| Cheddar Cheese Sauce - rg. | 1.5 | 42.0 | **59.5** | 37.2 | 4.5 | 1.1 | 0.0 | 0.0 | 349.5 | 5.2 | 0.0 | 0.0 | 1.5 |
| Cheddar Cheese Sauce - lg. | 3.0 | 84.0 | **119.0** | 74.4 | 8.9 | 2.2 | 0.0 | 0.0 | 699.0 | 10.4 | 0.0 | 0.0 | 3.0 |
| **BEVERAGES** | | | | | | | | | | | | | |
| **Pepsi®** | | | | | | | | | | | | | |
| Regular | 21.0 | 621.0 | **220.0** | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 45.0 | 61.0 | 61.0 | 0.0 | 0.0 |
| Large | 32.0 | 946.4 | **340.0** | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 70.0 | 92.0 | 92.0 | 0.0 | 0.0 |
| 20 oz. bottle | 20.0 | 591 ml | **250.0** | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 55.0 | 69.0 | 69.0 | 0.0 | 0.0 |
| **Diet Pepsi®** | | | | | | | | | | | | | |
| regular | 21.0 | 621.0 | **0.0** | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 60.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| large | 32.0 | 946.4 | **0.0** | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 90.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| 20 oz. bottle | 20.0 | 591 ml | **0.0** | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 60.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| **BEVERAGES (cont.)** | | | | | | | | | | | | | |
| **Mountain Dew** | | | | | | | | | | | | | |
| Regular | 21.0 | 621.0 | **240.0** | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 75.0 | 64.0 | 64.0 | 0.0 | 0.0 |
| Large | 32.0 | 946.4 | **370.0** | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 115.0 | 97.0 | 97.0 | 0.0 | 0.0 |
| 20 oz. bottle | 20.0 | 591 ml | **290.0** | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 105.0 | 77.0 | 77.0 | 0.0 | 0.0 |
| Lemonade | 24.0 | 709.8 | **220.0** | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 57.0 | 54.0 | 0.0 | 0.0 |
| Strawberry Lemonade | 24.0 | 737.8 | **229.0** | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 59.0 | 55.0 | 1.0 | 0.0 |
| **DESSERTS** | | | | | | | | | | | | | |
| Chocolate Chip Brownie | 4.0 | 113.0 | **500.0** | 250.0 | 28.0 | 11.0 | 0.0 | 90.0 | 180.0 | 63.0 | 47.0 | 3.0 | 5.0 |
| Peanut Butter Brownie | 4.0 | 113.0 | **490.0** | 252.0 | 28.0 | 11.0 | 0.0 | 90.0 | 200.0 | 59.0 | 45.0 | 2.0 | 7.0 |
| Cheesecake Swirl Brownie | 4.0 | 113.0 | **480.0** | 243.0 | 27.0 | 10.0 | 0.0 | 90.0 | 210.0 | 59.0 | 44.0 | 2.0 | 5.0 |
| Mini Churros | 2.9 | 80.3 | **375.7** | 275.7 | 31.5 | 7.7 | 0.0 | 0.0 | 225.0 | 23.8 | 0.0 | 0.0 | 2.5 |

| | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Caramel Sauce | 1.5 | 60.0 | **150.0** | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 157.5 | 37.5 | 30.0 | 0.0 | 0.0 |
| **CHEESE** | | | | | | | | | | | | | |
| Swiss American (2 sl) | 0.8 | 23.0 | **80.0** | 60.0 | 6.0 | 4.0 | 0.0 | 20.0 | 360.0 | 0.0 | 0.0 | 0.0 | 5.0 |
| Provolone (1 sl) | 0.8 | 21.0 | **80.0** | 50.0 | 6.0 | 3.0 | 0.0 | 15.0 | 180.0 | 0.0 | 0.0 | 0.0 | 5.0 |
| **DRESSINGS** | | | | | | | | | | | | | |
| Oil 'n Spice (house dressing) | 0.5 | 14.0 | **130.0** | 130.0 | 14.0 | 2.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Mayonnaise | 0.5 | 14.0 | **100.0** | 100.0 | 12.0 | 2.0 | 0.0 | 10.0 | 75.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Ranch | 1.0 | 28.0 | **120.0** | 90.0 | 10.0 | 1.5 | 0.0 | 15.0 | 270.0 | 5.0 | 1.0 | 0.0 | 3.0 |
| Honey Mustard | 1.1 | 30.0 | **120.0** | 80.0 | 9.0 | 1.5 | 0.0 | 10.0 | 250.0 | 9.0 | 8.0 | 0.0 | 0.0 |
| Parmesan Spread | 0.5 | 14.0 | **100.0** | 100.0 | 11.0 | 2.0 | 0.0 | 10.0 | 135.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Honey Mustard (dipping cup) | 1.0 | 28.0 | **45.0** | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 150.0 | 10.0 | 10.0 | 0.0 | 0.0 |
| BBQ (dipping cup) | 1.0 | 28.0 | **40.0** | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 370.0 | 10.0 | 9.0 | 0.0 | 0.0 |
| Ranch (dipping cup) | 1.0 | 28.0 | **140.0** | 130.0 | 14.0 | 2.0 | 0.0 | 5.0 | 220.0 | 1.0 | 1.0 | 0.0 | 0.0 |
| Garlic Parmesan sauce (dipping cup) | 2.0 | 56.0 | **54.4** | 49.0 | 5.4 | 0.7 | 0.0 | 0.0 | 299.2 | 1.4 | 0.0 | 0.0 | 0.0 |
| BBQ sauce (dipping cup) | 2.0 | 56.0 | **108.5** | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 449.6 | 27.9 | 26.4 | 0.0 | 0.0 |
| Kentucky Bourbon sauce (dipping cup) | 2.0 | 56.0 | **54.4** | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 272.0 | 15.0 | 13.6 | 0.0 | 0.0 |
| Teriyaki sauce (dipping cup) | 2.0 | 56.0 | **54.4** | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 435.2 | 12.2 | 10.9 | 0.0 | 1.4 |
| Hot Honey sauce (dipping cup) | 2.0 | 56.0 | **39.0** | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 247.0 | 10.4 | 9.1 | 0.0 | 0.0 |
| Buffalo sauce (dipping cup) | 2.0 | 56.0 | **11.4** | 10.3 | 1.1 | 0.0 | 0.0 | 0.0 | 535.8 | 1.1 | 0.0 | 0.0 | 0.0 |

*2,000 calories a day is used for general nutrition advice, but calorie needs vary.*

*Menu items and nutritional information may vary based on differences in product offerings and unit compliance with Mr. Hero's standard operating procedures. Also, from time to time test products may be marketed that are not available at all locations.*

*The nutrition information is based on standard product formulations and serving sizes. Beverage values may vary based on cup fill level, amount of ice and fountain equipment performance.*

***The following major food allergens are used as ingredients in this facility: Milk, egg, wheat and soy.***
***Please notify staff for more information regarding these ingredients.***

Oct-25